

A mind is like a parachute. It doesn't work if it is not open.

~ Frank Zappa

GATHERING OUR COMMUNITY

- ◆ Ringing the Tibetan Bowl
- ◆ Call to Community
May we come into this building hallowed
by Kenneth R. Warren **
- ◆ Prelude/Candles of Community/Giving
We Are
words & music: Ysaye M. Barnwell | performed
by UU Church of Urbana Champagne, IL
- ◆ Chalice Lighting
Opening to the Light
by SarahRuth Wekoye Davis**
- ◆ Spoken Affirmation
*Love is the spirit of this church and service is its law.
This is our great covenant to dwell together in peace,
To seek truth in freedom and to help one another.*
- ◆ Lighting the Peace Candle

EXPANDING OUR UNDERSTANDING

- ◆ Opening Thought
Meditations
by Marcus Aurelius
- ◆ Singing Song - 300
With Heart and Mind
performed by 1st Unitarian Church of Baltimore
- ◆ Reading
from *The Autobiography of Malcolm X*
by Malcolm X

EMBRACING OUR LIMITATIONS

- ◆ Practices - *with words, stillness, music*
Words Meditation on Courage and Vulnerability
by Douglas Taylor**
Stillness Quiet Sitting for a Time
Musical response *One Minute Giving* composed
and performed by Dan Althoff
- ◆ Reading
from *The Demon-Haunted World: Science
as a Candle in the Dark* by Carl Sagan*
- ◆ Singing Song - 301
Touch the Earth, Reach the Sky
performed by Dan Althoff*

*a Unitarian Universalist | **a Unitarian Universalist minister

DECLARING OUR POSSIBILITIES

- ◆ Discourse
The Problem of Heresy
by the Rev. Dr. Mark Y.A. Davies

CONFIRMING OUR FAITH

- ◆ Giving
Bringing our gifts to the table
Offertory: *Carolyn's Interlude* written & per-
formed by Dan Althoff*
- ◆ Singing Song - 331
Life Is the Greatest Gift of All
performed by Katy Taylor* and Sheila Harwood
- ◆ Benediction
We All Emerge
by Eric Williams*
- ◆ Extinguishing the Chalice
*We extinguish these flames but not the light of truth,
the warmth of community or the fire of commitment.
These we carry in our hearts until we are together
again.*
- ◆ Postlude
A Short Beautiful Piano Piece
Improv by Jerry Hou

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PROGRAM NOTES

We welcome again to our free pulpit The Rev. Dr. Mark Y.A. Davies who, as a trusted friend of the congregation, joins us from Oklahoma City to share his outlooks on life, freedom and religious connections.

Want to share your thoughts about today's morning assembly? Great! Use the worship team's QR code on the cover of today's morning program. Need help? Ask Doug.

Water Communion is next Sunday. It is one of only a few 'traditional' ceremonies UU's embrace. This week's UPDATE has a link to learn history of why we celebrate it annually. Please plan on participating by bringing a bit of H2O with you.

WHO'S DOING WHAT THIS MORNING

- ◆ September board representative: *Jack*
- ◆ Greeting us at the door: *Curtis Kysor*
- ◆ Guest minister: *The Rev. Dr. Mark Y.A. Davies*
- ◆ AV crew: *Carole Harner, Jim Holmes, Liz Rapp*
- ◆ R.E. leader: *Jack*
- ◆ Caring Circle: *Susie Norris*

WELCOME VISITORS

We are Unitarian Universalists. We are brave, curious, and compassionate thinkers and doers. We are people from many backgrounds who have different beliefs, but shared values.

Grounded in more than two hundred years of thoughtful, spiritual communities, we are people of many generations, ethnicities, genders and sexualities, and spiritual backgrounds. People engaged in making the world a better place. People focusing on what really matters - love, justice, integrity, and hope.

We are a lay-led congregation. Lay-led congregations have no minister which means members of the congregation manage the various aspects of our church life. Unitarian Universalism has a proud tradition of lay-led churches. We have different beliefs, but shared values.

We are Unitarian Universalists, and at the same time we may be Muslim, pagan, atheist, believers in God, and those who just let the great mystery be. The diversity of beliefs you'll find in our church community is one of our strengths - we're always learning how to see the world from a distinct perspective.

Learn more about us at your leisure by downloading our mobile app 'Red River UU' from Google Play or the Apps Store (or use the QR code below.) This is who we are. We are glad you joined us today because all of who you are is welcome here.

NEXT SUNDAY, SEPTEMBER 14, 2025

10 am - Adult Forum

"The Long, Strange Trip" exploring 200 years of Unitarian history.

11:15 am - The Morning Assembly

Another Look at Water and Water Communion
The Worship Team, leading

Join us this Sunday for our annual Water Communion Service! Bring a small amount of water from a place meaningful to you—whether from your travels, your backyard, or your kitchen tap. Together we will pour our waters into a common bowl, symbolizing the many streams of our lives flowing into one shared community. All are welcome to this special Unitarian Universalist tradition of connection and renewal.

12:15 pm - Conversations & Calories

Everyone is always warmly invited to linger following the morning assembly to enjoy some food for thought as well as some munchies for the belly.

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The Morning Program

SUNDAY, SEPTEMBER 7, 2025



WE ARE . . .



SPIRITUALLY ALIVE
JOYFULLY INCLUSIVE
JUSTICE CENTERED

QR to our worship survey



QR to our mobile app

