

Resource Page:**FREE MOM HUGS:**

“Free Mom Hugs works to empower the world to celebrate the LGBTQIA+ community. We embrace people of all faiths, backgrounds, ethnicities, genders, and sexual orientations. Our goal is to change the world simply by showing up. Though we’re known as Free Mom Hugs, we welcome dads, aunts, uncles, brothers, sisters, grandparents, and friends to be part of this movement of inclusion fueled by love.”

<https://freemomhugs.org>
<https://facebook.com/freemomhugsTexas/>

Email the State
Leaders: **TXLeaders@FreeMomHugs.org**

STAND IN PRIDE:

“We help connect members of the LGBTQ+ community with other members and allies for emotional support whether virtually, in person, or by standing in at important life events. We believe in the power of acceptance and the profound impact of having a supportive family—especially for those in the LGBTQ+ community who have taken the brave step to come out.”

<https://www.standinpride.org/>
<https://standinpride.app/>

THE WOODLANDS:

“Rooted in Unitarian Universalist values, The Woodlands exists to offer belonging, spiritual care, and healing-centered community in a world that too often denies trans people safety, dignity, and rest. The Woodlands is a monthly, online spiritual community gathering for trans, non-binary, gender non-conforming, gender expansive, and intersex people—and for the parents and caregivers who love and support them.

NEXT MEETING March 1st
<https://www.uua.okorg/lgbtq/thewoodlands>

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