

Hope in dark times is not foolish; it remembers that humanity is made of kindness as well as cruelty. What we choose to see shapes who we become. If we notice only the worst, we lose our power; but recalling the many moments of human courage can move us to act. And when we act - however small - we taste the future now. To live as we believe we should, despite the world's shadows, is already a quiet victory.

Adapted from *You Can't Be Neutral on a Moving Train*, by Howard Zinn

GATHERING OUR COMMUNITY

- ◆ Ringing the Tibetan Bowl
- ◆ Call to Community
Can You See Me?
by Lydia Patrick**
- ◆ Prelude/Candles of Community
Rising Appalachia
by Bob Dylan | singing On the Farm Sessions Pickathon
- ◆ Chalice Lighting
Until 'All' Means All
by Erika Hewitt**
- ◆ Spoken Affirmation
*Love is the spirit of this church and service is its law
This is our great covenant: to dwell together in peace,
To seek truth in freedom and to help one another.*
- ◆ Lighting the Peace Candle
- ◆ UU Snippet
Our Sources
by Brand Kosloski*
- ◆ Stewardship Moment
by Jana Norris*

EXPANDING OUR UNDERSTANDING

- ◆ Opening Thought
Introduction to Robert Arnold Readings
by George Novak*
- ◆ Song
Streets Of Minneapolis
composed and sung by Bruce Springsteen
- ◆ The First Reading
from *Deceleration News* January 02, 2017,
by Arthur Miller

EMBRACING OUR LIMITATIONS

- ◆ Practices - with words, stillness, music
 - ~ words: from the writing of Mahatma Gandhi
 - ~ stillness: *Quiet Sitting for a Time*
 - ~ musical response: *One Minute Giving Music*
composed and performed by Dan Althoff*
- ◆ The Second Reading
from *Deceleration News* January 02, 2017
by Anthony J. Marsella
- ◆ Song
Handlebars
Written by Jamie Laurie | performed by Flobots

◆ Discourse

Selections from Robert L. Arnold's
Defiance Til Death

by George Novak*

1. *The Tyranny of the Small-Minded: On Freedom, Thought, and the Right to Read Dangerous Words*
2. *Parade of Fools* (Poem)
3. *The False Idol: On How They Weaponized Jesus for Power*
4. *Ninety Seconds on Everyday Courage*
5. *The Last Breath of Hope*
6. Excerpts from *A Soft Place to Land: On Common Ground and the Future of America*

CONFIRMING OUR FAITH

◆ Giving

Bringing our gifts to the table

Offertory

Carolyn's Interlude

Composed and performed by Dan Althoff*

◆ Song

Wake Up

music by Bader Khatib | singing by Llunr

◆ Closing Thought

How to Live in Hard Times

by *The Peace House* - LateWinter 2026 Newsletter

◆ Extinguishing our Chalices

*We extinguish these flames but not the light of truth,
the warmth of community or the fire of commitment.
These we carry in our hearts until we are together again.*

◆ Postlude

Improv

a short beautiful piano piece by Jerry Hou

*a Unitarian Universalist | **a Unitarian Universalist minister

PROGRAM NOTES

Overeaters anonymous meets each Monday afternoon. Note the time change from 5:30 to 6:00 as we're again on summertime and can drive home before dark.

The Board of Trustees meets today following Conversations & Calories. Board meetings are open to all who wish to attend.

WHO'S DOING WHAT THIS MORNING

- ◆ March board representative: *Jack*
- ◆ Greeting you at the door: *Amy Hoffman-Shehan*
- ◆ Worship Associate: *Eva Novak*
- ◆ Leading today: *George Novak*
- ◆ AV Team: *Carole Harner, Liz Rapp, Jim Holmes*

WELCOME VISITORS

We are Unitarian Universalists. We are brave, curious, and compassionate thinkers and doers. We are people from many backgrounds who have different beliefs, but shared values.

Grounded in more than two hundred years of thoughtful, spiritual communities, we are people of many generations, ethnicities, genders and sexualities, and spiritual backgrounds. People engaged in making the world a better place. People focus on what really matters - love, justice, integrity, and hope.

We are a lay-led congregation. Lay-led congregations have no minister which means members of the congregation manage various aspects of our church life. Unitarian Universalism has a proud tradition of lay-led churches. We have different beliefs, but shared values.

We are Unitarian Universalists, and at the same time we may be Muslim, pagan, atheist, believers in God, and those who just let the great mystery be. The diversity of beliefs you'll find in our church community is one of our strengths - we're always learning how to see the world from a distinct perspective.

Learn more about us at your leisure by downloading our mobile app 'Red River UU' from Google Play or the Apps Store (or use the QR code below.) This is who we are. We are glad you joined us today because all of who you are is welcome here.

NEXT SUNDAY, MARCH 22, 2026

10 am
The Adult Forum

Emerson, Thoreau, & the Transcendentalist Movement
A Great Courses Series

11:15 am
The Morning Assembly

Ways to Remember the Holocaust
The Worship Team & Walter Norris, *leading*

This morning's service is in our 5th Sunday format, even though it isn't 5th Sunday. This format features a speaker, Walter Norris, who is a docent at the Dallas Holocaust Museum and will talk to us about visiting the museum, followed by an activity - painting stones with names of children who died in the Holocaust for the Upstander Stone Project which will be returned to the project and included in the Holocaust Garden of Hope in Kingwood Texas. Stones have long been and continue to be used as historical grave markers; Jewish people bring small stones to leave on their loved ones' gravesites, as stones are permanent (as opposed to flowers) and serve as a reminder that memories of our loved ones last forever.

12:15 pm
Conversations & Calories

QR to our worship survey

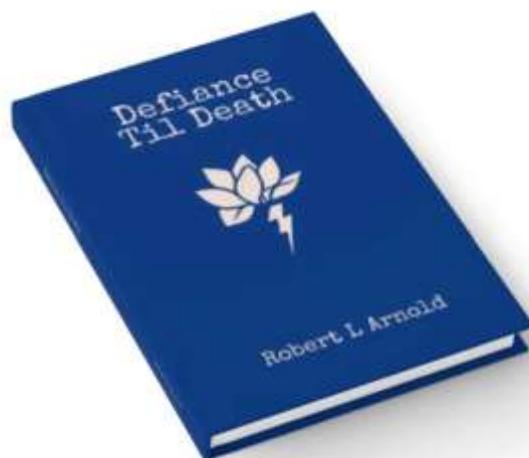


QR to our mobile app



The Morning Program

Sunday, March 15, 2026



We are ...



Spiritually Alive,
Joyfully Inclusive,
Justice Centered

Red River Unitarian Universalists
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Denison, TX 75020