

“Everybody can be great because anybody can serve . . . You only need a heart full of grace. A soul generated by love. And you can be that servant.” **Martin Luther King, Jr.**

GATHERING OUR COMMUNITY

- **Ringing the Tibetan Bowl**
- **Call to Community**
How To Be An Ally
from Missing Murdered Indigenous Women Chahta.com
- **Prelude/Giving/Candles of Community**
Missing & Murdered Indigenous Women Song
by unknown
- **Chalice Lighting**
For Our Ancestors, for Our Children, for Ourselves
author unknown
- **Spoken Affirmation**
*Love is the spirit of this church and service is its law
This is our great covenant: to dwell together in peace,
To seek truth in freedom and to help one another.*
- **Lighting the Peace Candle**
*Lead me from death to life, from falsehood to truth.
Lead me from despair to hope, from fear to trust.
Lead me from hate to love, from war to peace.
Let peace fill our hearts, our world, our universe.*
- **UU Snippet**
“Nominating Committee” by Marilyn Alexander

EMBRACING OUR LIMITATIONS

- **Practices**
A Video by Jen Oaks
- Followed by moment of silence
- **Musical Interlude**
One Minute Giving Music
Written & performed by Dan Althoff

MORNING DISCOURSE

- **My Journey by MMIW**
Remarks by Karrisa Hodge Newkirk
- Open Dialogue - Please wait to speak until someone brings you the microphone. Otherwise, it will not be recorded.

CELEBRATING OUR HERITAGE

- **Closing Song: Remember Me**
by Tia and Fawn Wood

CONFIRMING OUR FAITH

- **Extinguishing our Chalice**
*We extinguish these flames but not the light of truth,
the warmth of community or the fire of commitment.
These we carry in our hearts until we are together again.*
- **Postlude**
I'll Be Okay
by The Bearhead Sisters

PROGRAM NOTES

Today's Morning Assembly created by Rebecca Crystal & Karrisa Hodge Newkirk.

My Journey is presented by Karrisa Hodge Newkirk President and founder of Missing, Murdered Indigenous Women Chahta. She has ancestry to 3 Tribal Nations from her mother's and father's sides, but she is a Tribal member of the Caddo Nation of Oklahoma. She is a single mother to two daughters, ages 10 and 3, and has raised and had guardianship of her two brothers, ages 17 and 21. Karrisa has worked for the Choctaw Nation for 6 years and is a certified Public Speaker, Trainer and Coach through John Maxwell. She is also a part of the Oklahoma City Matriarch. Karrisa feels it is her duty to her Indigenous Relatives to help create safe spaces where our people can gain knowledge, overcome oppression and become stronger together.

WHO IS MAKING THINGS WORK TODAY

- April board representative: *Susie Norris*
- Greeting you at the door: *Susie Norris*
- Leading today: Rebecca Crystal & Karissa Hodge Newkirk
- AV Team: *Carole Harner, Liz Rapp, Jim Holmes*

WELCOME VISITORS

We are Unitarian Universalists. We are brave, curious, and compassionate thinkers and doers. We are people from many backgrounds who have different beliefs, but shared values.

Grounded in more than two hundred years of thoughtful, spiritual communities, we are people of many generations, ethnicities, genders and sexualities, and spiritual backgrounds. People engaged in making the world a better place. People focus on what really matters - love, justice, integrity, and hope.

We are a lay-led congregation. Lay-led congregations have no minister which means members of the congregation manage various aspects of our church life. Unitarian Universalism has a proud tradition of lay-led churches. We have different beliefs, but shared values.

We are Unitarian Universalists, and at the same time we may be Muslim, pagan, atheist, believers in God, and those who just let the great mystery be. The diversity of beliefs you'll find in our church community is one of our strengths - we're always learning how to see the world from a distinct perspective.

Learn more about us at your leisure by downloading our mobile app 'Red River UU' from Google Play or the Apps Store (or use the QR code below.) This is who we are. We are glad you joined us today because all of you are welcome here

NEXT Sunday, May 10, 2026

10 am

The Adult Forum

Louisa May Alcott & the Transcendentalist Movement

11:15 am

Income Inequality

The Rev. Dr. Mark Y.A. Davies, leading

Income Inequality - equality. As the gap between the rich and poor widens so does the inequality in their political power and participation, with fewer and fewer people controlling our economic and political processes.

12:15 pm - Conversations & Calories

Top of the stairs. Everyone is welcome to visit & enjoy a light lunch.



QR to our worship survey

QR to our mobile app

The Morning PROGRAM

May 3, 2026



We are...



*Spiritually Alive,
Joyfully Inclusive,
Justice Centered*

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