



Red River Unitarian Universalists
Sunday, November 8, 2020

Affirm happy things! Tell yourself your life is happy and, eventually, it will be.

~ Susan Jeffers

Ringing the Tibetan Bowl

Prelude *We Sing of Golden Mornings*
Music: William Walker
✚ Performed by Bonnie Ettinger

Call to Community *Come into This Circle of Love and Justice*
✚ Marilyn Sewell

Chalice Lighting *A Community of Heart and Soul*
✚ Bruce Southworth

Spoken Affirmation *Words on the screen*

Opening Thought *Human's Core Function is Love*
✚ Adrienne Maree Brown*

Song *There is More Love Somewhere*
Words & music: African American Hymn
✚ Performed by Jason Shelton Choir, Nashville

Readings *A Few Thoughts on Enjoying Life Now*
Alan Cohn
..... *Give All to Love*
✚ Ralph Waldo Emerson

Discourse - Part One *What Do You Love About Your Life*
MarySue Foster

Practices *What Makes Me Happy Today?*
✚ MarySue Foster

Musical Response *Stay With Me*
Black Violin

Discourse - Part Two *What Do You Love About Your Life*
✚ MarySue Foster

Song *Let It Be a Dance*
✚ Words & music: Rick Masten
Video by Hoffer's Video Productions

Benediction *Holy and Generous Love*
✚ Elena Westbrook

Extinguishing the Chalice *Words on the screen*

Sneak Peek *Coming Next Sunday*

✚ Lifting up Unitarian Universalist sources

* Brown is a women's right activist and black feminist based in Detroit.

Program Notes

Welcome to our virtual morning assembly. During these challenging times it is worthy of us to be together, even if it is virtually. Community exists because people want it to and our small, feisty, august group of diverse people are committed to keeping the only religiously liberal congregation in Texoma alive and thriving. We are glad you've joined us today.

Since we can't greet you at the front door, we hope you will venture to redriveruu.org/visitor and fill out a guest card so we may get to know you. You're invited to tarry for fellowship with us .. to say a hello and to receive one .. to be among us, to be part of us: know we will welcome you. Our online coffee hour is the place (details below).

Our guest speaker today is MarySue Foster. MarySue has enjoyed many years of living. She has been a non-profit executive, a small business owner, a teacher, trainer, and author. At 64, she sold most of her worldly possessions and moved to Berkeley, CA to attend Starr King School for the Ministry, where she graduated with a Master of Arts in Religious Leadership for Social Change. She's a collage artist, plays the piano medium well, and spends her weekdays with two of her grandchildren in Plano, TX.

Online Coffee Hour starts shortly after the morning assembly. Good conversations, friendly smiles, but you gotta bring your own coffee! Zoom to drop in [here](#).

Who's Doing What This Sunday

Guest Speaker: *MarySue Foster*

Worship Associate: *Tommi Homuth*

Video: *Jim Holmes*

Production: *Marla Loturco*

Next Sunday, November 15, 2020

"The Land Ethic and the Importance of Soil"

the Rev. Dr. Mark Y.A. Davies, speaking

Soil degradation is not on too many people's radar screen, much less high on their list of most pressing ecological problems facing our world today, but that being said, soil degradation is still one of the most significant ecological challenges of the 21st Century whether we recognize it or not. The good news is that there are practical, fun, and healthy ways we can all work together to regenerate our soil for the sake of all life.

Sneak Peek for next Sunday:

