

*Comfort the afflicted, afflict the comfortable.*

~ Finley Peter Dunn

## GREETING ONE ANOTHER

- ◆ With hellos & “air” hugs
- ◆ Ringing the Tibetan Bowl

## GATHERING OUR COMMUNITY

- ◆ Call to Community  
*Religious Community is Not Enough*  
by Tom Schade\*
- ◆ Candles of Community/Prelude  
*172 Siph’ Amandia*  
words & music: from South Africa | performed by  
Jess Sutteman, Morayo Akande, Chelsea Sardoni
- ◆ Lighting the Chalice  
*Out of the Flames of Fear*  
by Sara Eileen LaWall\*
- ◆ Spoken Affirmation  
*Love is the spirit of this church . . . and service is its law.  
This is our great covenant . . . to dwell together in peace,  
To seek the truth in freedom . . . and to help one another.*

## EXPANDING OUR UNDERSTANDINGS

- ◆ Opening Thought  
from *Daring Greatly*  
by Brené Brown
- ◆ Song -1060  
*As We Sing of Hope and Joy*  
by Elizabeth Alexander, UU of Centre Co, PA

## EMBRACING OUR LIMITATIONS

- ◆ Reading  
from *Get Uncomfortable: Talking About Race,  
Inequity, and Injustice*  
by Brenda Álvarez

## ◆ Practices

### Meditation

from *Being Peace*

by Thich Nhat Hanh

Sitting for a Moment

Musical Response

*I Know I Can*

words: Dennis Hamilton | music: Jeannie Gagné

piano & voice: Lindi Wang

## ◆ Reading

from *Uncomfortable Conversations with a Black Man*  
by Emmanuel Acho

## ◆ Song - 1074

*Turn the World Around*

by Harry Belafonte & Robert Feedman | singing: Michael  
Tacy

## DECLARING OUR POSSIBILITIES

## ◆ Discourse

*Out of Our Comfort Zone*

by The Rev. Dr. Mark Y.A. Davies

## CONFIRMING OUR FAITH

## ◆ Giving

*Those who wish may bring their gifts to the table*

music: *We Give Thanks* by Wendy Luella Perkins

## ◆ Song - 1017

*We Are Building a New Way*

by Martha Sandefer\* | UU Society of Grafton/Upton MA

## ◆ Parting Thought

from *Parenting is Uncomfortable, So is Social Justice*

by Angela Berkfield

## ◆ Extinguishing the Chalice

*We extinguish this flame but not the light of truth,*

*The warmth of community or the fire of commitment.*

*These we carry in our hearts until we are together again.*

## PROGRAM NOTES

**Leading our morning assembly today** is the Rev. Dr. Mark Y.A. Davies. You can read his bio on our mobile app and in the upcoming services listing on our website.

**Today “Come Flutter with the Butterflies”** from 1-3 to work in our Monarch waystation - Wine, sparkling tea, sodas and music! To keep us happy and having fun while weeding, pruning, and mulching plus adding some new plants.

**What does it mean to be a U.S. Citizen?** We are taught American History in school, but do we learn what it means? Join us as John West, Austin College Librarian Emeritus, offers experience and thoughts on the Responsibilities of Citizenship at the next session of the nonpartisan public service program Civics 101: How America Works tomorrow, Oct. 24 from 5:30 - 7 pm at Grand Avenue Presbyterian Church Fellowship Hall, 901 N Grand Ave in Sherman. Tell a friend or bring a neighbor.

**Chair Yoga** class continues on Tuesday @ 10. Led by Marsha Runnels, you are invited, even encouraged, to give it a try. Newcomers welcomed.

**The Committee on Ministry** meets today following the morning assembly. The committee always encourages anyone who has concerns or ideas, hopes or regrets about any aspect of the various ministries we, as a lay-led congregation are responsible for. Speak with Carolyn Cameron, Elbert Hill or Jim Holmes to let them know you wish to meet with them. All conversations are confidential.

**The deadline for the November** newsletter was yesterday. It is not too late, if you forgot as long as you email it to [news@redriveruu.org](mailto:news@redriveruu.org) today.

Program notes continued on back panel

## WELCOME GUESTS

*We are Unitarian Universalists. We are brave, curious, and compassionate thinkers and doers. We are people from many backgrounds who have different beliefs, but shared values.*

*Grounded in more than two hundred years of thoughtful, spiritual communities, we are people of many generations, ethnicities, genders and sexualities, and spiritual backgrounds. People engaged in making the world a better place. People focusing on what really matters – love, justice, integrity, and hope.*

*We are a lay-led congregation. Lay-led congregations have no minister which means members of the congregation manage the various aspects of our church life. Unitarian Universalism has a proud tradition of lay-led churches.*

*We Unitarian Universalists have different beliefs, but shared values. We are Unitarian Universalists, and at the same time we may also be agnostic, Buddhist, Christian, Hindu, humanist, Jewish, Muslim, pagan, atheist, believers in God, and those who just let the great mystery be. The diversity of beliefs you'll find in our church community is one of our strengths – we're always learning how to see the world from a different perspective.*

*Learn more about us at your leisure by downloading our app 'Red River UU' from Google Play or the App Store.*

*This is who we are. We are glad you joined us today.*



## MAKING IT HAPPEN THIS MORNING:

- ◆ Board Rep: *Jim Holmes*
- ◆ Greeting us at the door: *Carolyn and Bruce Cameron*
- ◆ Ask Me Host: *Marion Hill*
- ◆ Leading today: *The Rev. Dr. Mark Y.A. Davies*
- ◆ AV Crew: *Carole Harner, Don Rogers, Jim Holmes, Marla Loturco*
- ◆ Sunday School Leader: *Ellie Dyer*
- ◆ Providing refreshments: *Hannah Peterson, Marilyn Alexander, Bruce & Carolyn Cameron*

## NEXT SUNDAY, OCTOBER 30, 2022

10 am - Adult Forum

### COMPARATIVE RELIGION

A Great Courses Video Series now thru Jan 22

11:15 am - The Morning Assembly

### PEACE SUNDAY #4 - TEACHING PEACE

Michelle Haynes & Marla Loturco, *leading*

This morning for our fourth Peace Sunday we continue this special series based on the book *Great Peacemakers: True Stories from Around the World* by Ken Beller and Heather Chase. Our Peace Sunday candidates this month are people we weren't very familiar with. Coleman McCarthy who advocates "teaching peace" and Oscar Arias who believes "US" refers to all of humankind. Both have interesting stories, and we hope you will join us to learn about them.

12:15 pm - Calories & Conversations

Good Times Team 3 are providing munchies

Our answer to traditional coffee hour! Gathering in the Alexander and Emerson Rooms by the upper lobby we meet and greet and enjoy a variety of snacks. Join us, please, it is a nice way to meet one another.



Red River Unitarian Universalists  
515 North Burnett Ave ~ mail: PO BOX 1806  
Denison, TX 75020  
903.231.3232 ◆ [www.redriveruu.org](http://www.redriveruu.org)

# THE MORNING PROGRAM

SUNDAY, OCTOBER 23, 2022



RED RIVER UNITARIAN UNIVERSALISTS  
ALL WAYS INTRIGUING