

Comfort the afflicted, afflict the comfortable.

~ Finley Peter Dunn

Greeting one another

- ◆ With hellos & “air” hugs
- ◆ Ringing the Tibetan Bowl

Gathering our Community

- ◆ Call to Community
Wind, Water, Sun
by Seth Carrier Ladd*
- ◆ Candles of Community/Prelude
May Nothing Evil Cross This Door
Words by Louis Untermeyer*, music by Robert N. Quaille
- ◆ Lighting the Chalice
Glory Be to the Earth
by Bettye A. Doty*
- ◆ Spoken Affirmation
*Love is the spirit of this church . . . and service is its law.
This is our great covenant . . . to dwell together in peace,
To seek the truth in freedom . . . and to help one another.*

Expanding our Understandings

- ◆ Opening Thought
from *The Green Belt Movement*
by Wangari Maathai
- ◆ Song - 6
Just as Long as I Have Breath
Words: Alicia S. Carpenter*, Music Johann G. Ebeling. Arr. John Edwin Giles, Piano Brian Kenny. Vocals Alena Hemingway & Mike Menefee

Embracing our Limitations

- ◆ Reading
from *Unbowed*
by Wangari Maathai

◆ Practices

Meditation

Strong Tree Meditation
Adapted from kidsrelaxation.com
Sitting for a Moment
Musical Response - 398
To See the World

◆ Reading

from *Nobel Peace Laureate Speech*
by Wangari Maathai

◆ Song

I will be a hummingbird – Wangari Maathai.
Animated clip from Dirt! The Movie

Declaring our Possibilities

◆ Discourse

Wangari Maathai: Planter of Trees and Justice
by The Rev. Dr. Mark Y.A. Davies

Confirming our Faith

◆ Giving

Those who wish may bring their gifts to the table
music: *A one-minute Musical Interlude*

◆ Song

Planting Seeds
by Empty Hands Music - Nimo Feat and Daniel Nahmod

◆ Parting Thought

from *The Green Belt Movement*
by Wangari Maathai

◆ Extinguishing the Chalice

*We extinguish this flame but not the light of truth,
The warmth of community or the fire of commitment.
These we carry in our hearts until we are together again.*

*Lifting up contributions from Unitarian Universalists

Program Notes

Leading our morning assembly today is the Rev. Dr. Mark Y.A. Davies. You can read his bio on our mobile app and

Help Wanted! Two volunteers welcome attendees at worship each Sunday. The greeter smiles, hands out morning programs, and learns if the person is a first-time visitor. The greeter then asks visitors to complete a visitor card and to make and wear a name badge. The host (who wears an "Ask Me" badge) backs up the greeter, making sure the visitor card is completed (especially if there are several visitors), and answering any questions attendees have. Both greeter and host should arrive by 11 am and remain by the door until the morning assembly begins at 11:15. At the end of worship, either or both should invite visitors to participate in Conversations and Calories upstairs. The Membership Team schedules both greeters and hosts. Anyone interested in doing either of these not-too-difficult jobs, making attendees feel comfortable at Red River UU, should speak with Marion Hill or send her an email at marionh3719@gmail.com.

Chair Yoga class continues on Tuesday @ 10. Led by Marsha Runnels, you are invited, even encouraged, to give it a try. Newcomers welcomed.

Program notes continued on back panel

Welcome Guests

We are Unitarian Universalists. We are brave, curious, and compassionate thinkers and doers. We are people from many backgrounds who have different beliefs, but shared values.

Grounded in more than two hundred years of thoughtful, spiritual communities, we are people of many generations, ethnicities, genders and sexualities, and spiritual backgrounds. People engaged in making the world a better place. People focusing on what really matters – love, justice, integrity, and hope.

We are a lay-led congregation. Lay-led congregations have no minister which means members of the congregation manage the various aspects of our church life. Unitarian Universalism has a proud tradition of lay-led churches.

We Unitarian Universalists have different beliefs, but shared values. We are Unitarian Universalists, and at the same time we may also be agnostic, Buddhist, Christian, Hindu, humanist, Jewish, Muslim, pagan, atheist, believers in God, and those who just let the great mystery be. The diversity of beliefs you'll find in our church community is one of our strengths – we're always learning how to see the world from a different perspective.

Learn more about us at your leisure by downloading our app 'Red River UU' from Google Play or the Apps Store.

This is who we are. We are glad you joined us today.



Making It Happen This Morning:

- ◆ Board Rep: *Dick Powell*
- ◆ Greeting us at the door: *Susie Norris*
- ◆ Ask Me Host: *Marion Hill*
- ◆ Leading today: *The Rev. Dr. Mark Y.A. Davies*
- ◆ AV Crew: *Carole Harner, Don Rogers, Jim Holmes, Marla Loturco*
- ◆ Sunday School Leader: *Ellie Dyer*
- ◆ Providing refreshments: *Amy Hoffman-Shehan, David & Kelly Dyer, Michelle Haynes, Walter and Susie Norris*

Next Sunday, November 12, 2022

10 am - Adult Forum

Comparative Religion

A Great Courses Video Series now thru Jan 22

11:15 am - The Morning Assembly

Education for the Common Good

The Rev Dr Mark Y.A. Davies, *leading*

We often tend to focus on how education can make us better as individuals and help us to be more prepared and successful in our careers, but it is important not to lose sight of the importance of education for the common good as we work together to create beloved community.

12:15 pm - Calories & Conversations

Good Times Team 3 are providing munchies

Our answer to traditional coffee hour! Gathering in the Alexander and Emerson Rooms by the upper lobby we meet and greet and enjoy a variety of snacks. Join us, please, it is a nice way to meet one another.



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THE MORNING PROGRAM

SUNDAY, NOVEMBER 6, 2022



RED RIVER UNITARIAN UNIVERSALISTS
ALL WAYS INTRIGUING