

“The mystic is not one who makes a habit of hiding himself in solitary meditation, but one who has learned to find the divine in the people and the world around him.”
~ Paulo Coelho

GATHERING OUR COMMUNITY

- ◆ Ringing the Tibetan Bowl
- ◆ Call to Community
To Learn More About Being Human
by Erika Hewitt*
- ◆ Prelude/ Candles of Community
Morning Has Come
Michael Tacy* singing
- ◆ Chalice Lighting
Alive in All Creation
by Shari Woodbury*
- ◆ Spoken Affirmation
*Love is the spirit of this church and service is its law.
This is our great covenant to dwell together in peace,
To seek the truth in freedom and to help one another.*

EXPANDING OUR UNDERSTANDINGS

- ◆ Opening Thought
from *How to be Engaged without Becoming Entangled*
by Larry Ward
- ◆ Song - 318
We Would Be One
the Community Church of Chapel Hill choir

EMBRACING OUR LIMITATIONS

- ◆ Reading
from *Mysticism and Social Action: The Spirituality of Howard Thurman*
by Adad Kahane

◆ Practices

Meditation

Sutra on Love
by Metta Sutta

Quiet Sitting for a Moment

Musical Response

Return Again
Alena Hemingway* singing

◆ Reading

from *Mindfulness, Suffering, and Engaged Buddhism*
by Thich Nhat Hanh

◆ Song - 301

Touch the Earth, Reach the Sky
Craig Sperry* and Beth Syverson*, singing

DECLARING OUR POSSIBILITIES

◆ Discourse

Socially Engaged Mysticism
by Mark Y.A. Davies

CONFIRMING OUR FAITH

◆ Giving

Those who wish may bring their gifts to the table.

Music: *For All That is Our Life* | performed by Dan Althoff

◆ Song - 1017

We are Building a New Way
performed by Mike Menefe*, Flugelhorn; Brian Kenny*,
piano | Alena Hemingway*, vocal

◆ Parting Thought

from *Life Goes On*
by Howard Thurman

◆ Extinguishing the Chalice

*We extinguish this flame but not the light of truth,
The warmth of community or the fire of commitment.
These we carry in our hearts until we are together again.*

◆ Postlude

Jazz Alleluia

Performed by the UU Church, Concord, NH

PROGRAM NOTES

Joining us this morning is the Rev. Dr. Mark Y.A. Davies. You can read his bio on the “This Sunday” listing on our church website and mobile app.

On Tuesday the Chair Yoga group meets in the chapel at 10 am for an hour of low impact exercises and the Spiritual Perspectives gathers at 6:30 pm. Newcomers are welcome.

The Board of Trustees meets this afternoon at 1 pm for their regular monthly meeting. Board meetings are open to all who wish to sit in.

Starting next Sunday, the Adult Forum will be exploring *A Visual Guide to the Universe* and will run through November 19th.

New Member Induction Ceremony will happen during next Sunday’s morning assembly. The brief and public ceremony officially welcomes new members who have recently joined the congregation. If you have flirted with joining, please speak with Marion, who will happily explain the simple steps to join, as outlined in the church bylaws.

Also, next Sunday: The 26th Annual Fall Congregational Meeting will start following a potluck lunch. Our meetings are open to all who wish to attend.

Program notes continues on back panel

WELCOME GUESTS

We are Unitarian Universalists. We are brave, curious, and compassionate thinkers and doers. We are people from many backgrounds who have different beliefs, but shared values.

Grounded in more than two hundred years of thoughtful, spiritual communities, we are people of many generations, ethnicities, genders and sexualities, and spiritual backgrounds. People engaged in making the world a better place. People focusing on what really matters – love, justice, integrity, and hope.

We are a lay-led congregation. Lay-led congregations have no minister which means members of the congregation manage the various aspects of our church life. Unitarian Universalism has a proud tradition of lay-led churches.

We Unitarian Universalists have different beliefs, but shared values. We are Unitarian Universalists, and at the same time we may also be agnostic, Buddhist, Christian, Hindu, humanist, Jewish, Muslim, pagan, atheist, believers in God, and those who just let the great mystery be. The diversity of beliefs you'll find in our church community is one of our strengths – we're always learning how to see the world from a different perspective.

Learn more about us at your leisure by downloading our mobile app 'Red River UU' from Google Play or the Apps Store (or use the QR code on the back panel.)

This is who we are. We are glad you joined us today.



MAKING THINGS HAPPEN TODAY

- ◆ Board rep: *Jin Holmes*
- ◆ Greeting us at the door:
- ◆ Leading today: *the Rev. Dr. Mark Y.A. Davies*
- ◆ AV crew: *Carole Harner, Don Rogers, Jim Holmes, Marla Loturco*
- ◆ Sunday school leader: *David Dyer*
- ◆ Providing refreshments: *Good Times Team #3*

Next Sunday, October 22, 2023

10 am - Adult Forum

A Visual Look at the Universe

Now thru Nov. 19

11:15 am - The Morning Assembly

Unitarian Universalist Spirituality

the Rev. Dr. Don Fielding, *leading*

Don Fielding, who used to be a rather common fixture in our pulpit, will return on Sunday, October 22nd, with a Reflection about Spirituality: what it is, and how it might be useful in our lives.

12:15 pm – Potluck Lunch

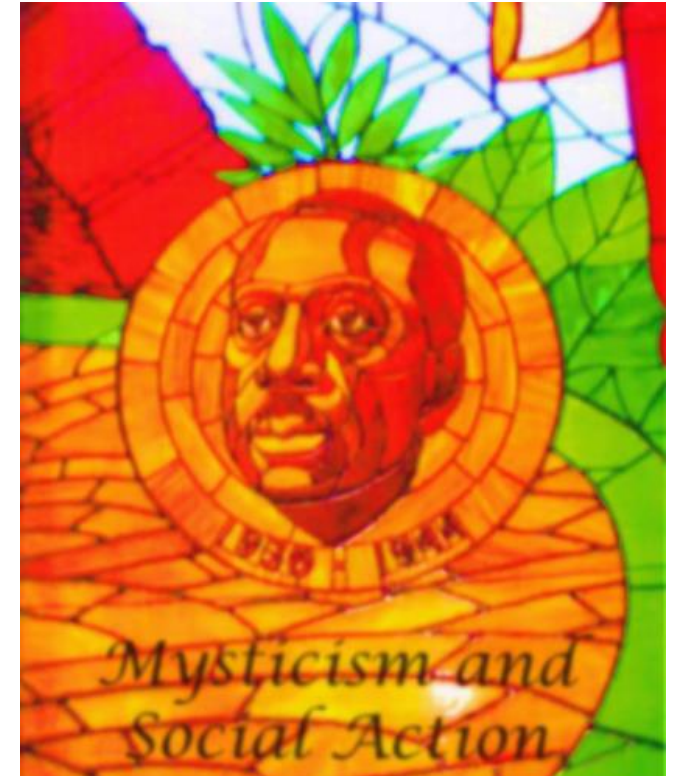
1:00 pm – 26th Annual Fall Congregational Meeting

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Download our mobile app >>>>



THE MORNING PROGRAM

SUNDAY, OCTOBER 15, 2023



Spiritually Alive
Radically Inclusive
Justice Centered