

*Truth should be the very breath of our life.*

~ Mohandas Gandhi

## GATHERING OUR COMMUNITY

- ◆ Ringing the Tibetan Bowl
- ◆ Call to Community  
*The Great Teachers in Life*  
by Jason Cook\*\*
- ◆ Prelude/Candles of Community  
*Prelude N° 1*  
composed and performed by Toshihiro Iwaki
- ◆ Chalice Lighting  
*Justice, Meaning, and Purpose*  
by David Breeden\*\*
- ◆ Spoken Affirmation  
*Love is the spirit of this church and service is its law.  
This is our great covenant to dwell together in peace,  
To seek the truth in freedom and to help one another.*

## EXPANDING OUR UNDERSTANDINGS

- ◆ Opening Thought
- ◆ from *The Brothers Karamazov*  
by Fyodor Dostoevsky
- ◆ Song - 113  
*Where is Our Holy Church*

## EMBRACING OUR LIMITATIONS

- ◆ Reading  
from *Ethics of Ambiguity*  
by Simone de Beauvoir
- ◆ Practices  
Contemplation  
from *The Healing Moment*  
by Elizabeth Tarbox\*\*

## Quiet Sitting for a Moment

### Musical Response

*Midnight Memories*

Composed & performed by NyKuo

- ◆ Reading  
by Page Getty\*\*  
from *The Seven Principles in Word & Worship*  
ed. by Ellen Brandenburg\*\*
- ◆ Song  
*Gimme Some Truth*  
by Ultimate Mix

## DECLARING OUR POSSIBILITIES

- ◆ Discourse  
*The 4th Principle: A free and responsible search for  
truth and meaning.*  
by Mark Y.A. Davies

## CONFIRMING OUR FAITH

- ◆ Giving  
*Those who wish may bring their gifts to the table.*  
offertory: *Improv* by Jervy Hou
- ◆ Song - 295  
*Sing Out Praises for the Journey*
- ◆ Closing Thought  
from *Walden*  
by Henry David Thoreau\*
- ◆ Extinguishing the Chalice  
*We extinguish this flame but not the light of truth,  
The warmth of community or the fire of commitment.  
These we carry in our hearts until we are together again.*
- ◆ Postlude

## PROGRAM NOTES

**Joining us this morning** is the Rev. Dr. Mark Y.A. Davies. You can read his bio on the “This Sunday” listing on our church website and mobile app.

**Cold Weather and Jackets** – Remember our Cloakroom which is in the back hall. Easier than trying to hang on the back of your chair in the chapel.

**The Board of Trustees** meets today following Conversations & Calories. Board meetings are always open to any who may wish to attend. If you have an agenda item, please speak with Marilyn prior to the meeting.

**Chair Yoga** meets on Tuesday @ 10 am for an hour of low impact movements. Open to all.

**Spiritual Perspectives** meets Tuesday evening from 6-8 pm to explore various ways to understand spiritual perspectives. All are welcome.

**Our Worship Team** meets next Thursday via Zoom @ 6:30 pm to plan upcoming morning assemblies. If you have a suggestion for a future speaker, please speak with Marla today.

**Please take the survey!** A new brief 6 questions survey about our church mobile app is now available not only on the app itself, but also by using this link: <https://forms.office.com/r/mZcaP9wzxG> or use the QR code here >



**Say YES now!** and help our church become more known in the larger community. On Tuesday, February 27 RedRiverUU will provide breakfast snacks for the Plug-In Texoma meeting in Sherman at 8 am (yeah not the best time, for sure) but if you can help please speak with Jan Fletcher or email her at [jans\\_melodies@msn.com](mailto:jans_melodies@msn.com).

\*A UU author

\*\*A UU minister

## WELCOME VISITORS

*We are Unitarian Universalists. We are brave, curious, and compassionate thinkers and doers. We are people from many backgrounds who have different beliefs, but shared values.*

*Grounded in more than two hundred years of thoughtful, spiritual communities, we are people of many generations, ethnicities, genders and sexualities, and spiritual backgrounds. People engaged in making the world a better place. People focusing on what really matters – love, justice, integrity, and hope.*

*We are a lay-led congregation. Lay-led congregations have no minister which means members of the congregation manage the various aspects of our church life. Unitarian Universalism has a proud tradition of lay-led churches.*

*We Unitarian Universalists have different beliefs, but shared values. We are Unitarian Universalists, and at the same time we may also be agnostic, Buddhist, Christian, Hindu, humanist, Jewish, Muslim, pagan, atheist, believers in God, and those who just let the great mystery be. The diversity of beliefs you'll find in our church community is one of our strengths – we're always learning how to see the world from a different perspective.*

*Learn more about us at your leisure by downloading our mobile app 'Red River UU' from Google Play or the App Store (or use the QR code on the back panel.)*

*This is who we are. We are glad you joined us today.*



## MAKING THINGS HAPPEN TODAY

- ◆ Board rep: *David Dyer*
- ◆ Greeting us at the door: *Susie Norris*
- ◆ Leading today: *the Rev. Dr. Mark Y.A. Davies*
- ◆ AV crew: *Carole Harner, Don Rogers, Jim Holmes, Marla Loturco*
- ◆ Sunday school leader: *David Dyer*
- ◆ Providing refreshments: *Good Times Team #3*

## NEXT SUNDAY, JANUARY 28, 2024

10 am - Adult Forum

### **A Virtual Look at the Universe**

Now thru March 3

11:15 am - The Morning Assembly

### **Whose Body Is It, Anyway?**

Sarah Berel-Harrop, *leading*

Reproductive Justice (RJ), as defined by the thought leader Sister Song, is "the human right to maintain personal bodily autonomy, have children, not have children, and parent the children we have in safe and sustainable communities." We'll explore how the RJ framework evolved and how it can inform our justice-seeking, grounded in our Unitarian Universalist values. Read Sarah's bio [here](#).

12:15 pm – Conversations & Calories

Red River Unitarian Universalists

515 North Burnett Ave

mail: PO BOX 1806

Denison, TX 75020

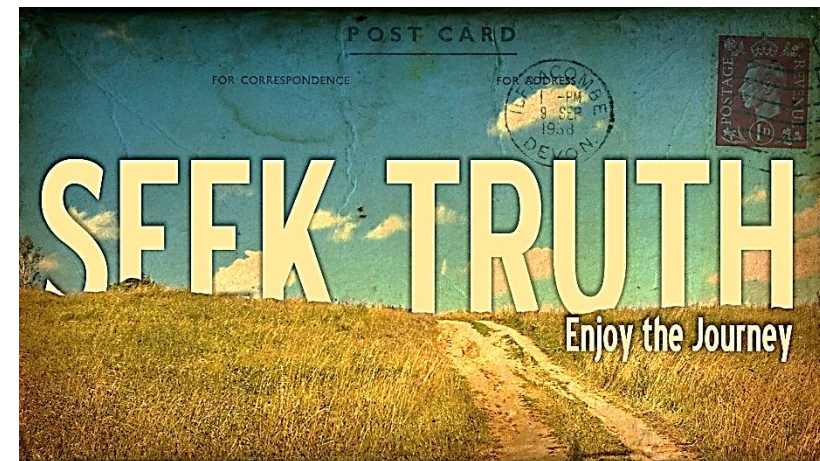
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# The Morning Program

Sunday, January 21, 2024



*Spiritually Alive*  
*Joyfully Inclusive*  
*Justice Centered*